



October, 2024

www.denverapplepi.com

Volume 45, No. 10

Denver Apple Pi Meetings (DAPI) with Individual Help Available are held from 7-9 pm at Applewood Community Church, 12930 W. 32nd Avenue, Golden 80401

On occasion, Applewood Community Church may have shelter/meal obligations. You will be notified by email if DAPI meetings are to be canceled.

Denver Apple Pi	2024 Meeting Schedule	
October 15		
November 19		
December 17	Holiday Party!	

At the October 15th Meeting of the Denver Apple Pi

Club President Larry Fagan will cover some of the apps that come with Apple computers. Following this first hour of the meeting, there will be time for a group discussion among members. In addition, member requests for technical assistance will be addressed in an adjoining room.

How To Find Out What's New After a macOS Or App Update

MacMost.com, by Gary Rosenzweig, 9/9/2024

The new version of Apple's operating system, macOS Sequoia 15.0, has been available since September 16, 2024 and is easy to find from the front page of Apple.com. This page has an overview with lots of graphics and a PDF that goes into detail about many

of the new features. When you update to the current new full version of a macOS Apple always has this page at their site to show you all the new features.

Note: To see a list of Apple machines compatible with Sequoia, go to:
<https://support.apple.com/en-us/120282>

If you want to get the most from your Mac, its always a good practice to review the What's New Section in each update. In macOS go to the Apple Menu (About This Mac), System Preferences and then General and then About, to see the version you're currently using.

Note: For easy reference, the webpage at www.MacMost.com lists all of the recent macOS systems and there is a link, Features & Versions, for each one that takes you to these individual pages.

If there is no time to review the What's New Section after download, the App Store is another good place to seek this information. Search for your specific version of macOS, then go to the page for that download. To find the page for a specific version of OS click on Features & Versions and see all the updates for a specific OS.

Another good source is Wikipedia.com. If you go there and search for macOS and then the name of the operating system, it will take you to the main page for the details. Get a list of new features and often get more details and links to specific features. Also in the Sidebar there is a list of versions. Here you can see all the macOS versions and jump to any of those pages. This is useful when you forget the name of a specific OS or the order of which the Operating Systems appear.

How to find changes in the upgrade for individual apps? If the app in question can be found in the Mac App Store you can search for the app and get the same version history link. This works for app featured in The App Store, including third party apps.

Often times, this information is also in the Help Menu for the app. There you find a What's New entry with a summary of What's New. There is also link to go to a complete feature list on a webpage.

If your third party app is not in the Mac App Store go directly to the developer's site. If there the info you seek is not readily apparent, look in About Menu items, in the Help Menu, in a What's New tab, in Support or on the developer's website.

New Apple Intelligence features to be introduced in iOS 18.1

CultofMac.com, By Rajesh Pandey, 9/22/2024

Despite being part of the iPhone 16 marketing campaign, Apple Intelligence (AI) was not available in iOS 18's first public release in October on compatible devices. Apple is currently testing its AI suite of intelligence features using iOS 18.1 and plans to introduce them to the general public in later October and continue to improve them with subsequent releases throughout the rest of 2024 and into early 2025.

In the latest Power On edition newsletter on [bloomberg.com](https://www.bloomberg.com) writer Mark Gurman claims "Apple plans to release iOS 18.2 with Genmoji, the Image Playground app and optional ChatGPT integration." Apple supposedly wants to squash all the bugs in the internal firmware by early November for the iOS's public release in December.

iOS 18.3 should be released in January 2025, though likely without new AI features. After iOS 18.1, iOS 18.4 is targeted to be the biggest point release, marking the debut of an AI empowered Siri experience in March 2025. It will allow control of individual apps with Siri using voice commands.

This one is for you, member Herman Pflueger!

Mac Mini Expected to Receive First Major Redesign Since 2010

MacRumors.com, by Joe Rossignol 9/30/24

Also: M4Mac Mini, Everything You Need to Know, By Roman Loyola and Karen Haslam, 9/26/2024

There are strong rumors that when the updated MacBook Pro and iMac models with the M4 series of chips are introduced at an Apple event later in 2024, Apple will also introduce a redesigned Mac mini. This is Apple's portable desktop computer and would be first major redesign of the Mac mini since 2010. The current Mac mini was released in January 2023.



Most recent Apple TV

The design that Apple introduced in 2010 is going away. According to very reliable source Bloomberg's Mark Gurman ([bloomberg.com](https://www.bloomberg.com)), the next Mac mini would be:

- * nearly as small as an Apple TV which measures 3.7 by 3.7 by 1.2 inches (93 by 93 by 31 millimeters), dramatically smaller than the current mini's 7.75 by 7.75 by 1.41 inch (19.7 by 19.7 x 3.58 cm) frame.
- * available with faster M4 and M4 Pro chip options
- * equipped with five USB-C ports with two of the ports located on the front of the new Mac mini
- * at least some of these ports will likely be Thunderbolt 4 ports, which use the USB-C connector design

Note: It is possible that only M4 Pro configurations of the Mac mini will have all five USB-C ports.

Messages via satellite provides lifeline to iPhone owners in Natural Disasters *9To5 Mac.com, By Ryan Christoffel, 9/30/2024*

Hurricanes Helene and Milton and intense flooding throughout eastern states have caused massive damage and impacted countless lives. Many thousands of people are without power and/or cell service. But in the wake of the storms, a very timely iOS 18 feature has been a lifeline for survivors: Apple has added *Messages via satellite* to millions of iPhones with no cell service.

To learn more about Messages via satellite, Apple has a support document available - go to <https://support.apple.com/en-us/120930>

Use an Apple Watch to detect Sleep Apnea

How to detect sleep apnea with Apple Watch, AppleInsider.com, by Andrew O'Hara, 9/20/24

Sleep apnea (OSA) is a serious medical condition. Complications can include daytime fatigue, high blood pressure or heart problems, complications with surgery and medications, liver problems, Type 2 diabetes and Metabolic syndrome (high blood pressure, abnormal cholesterol levels, high blood sugar and an increased waist circumference-linked to a higher risk of heart disease).

Traditionally, a sleep study has been required to diagnose sleep apnea. People participate in the study in a sleep lab, and some at-home tests can be ordered. At home

or in-office sleep studies monitor breathing rate, heart rate, blood oxygen levels, and breathing effort. Studies done in a lab can be even more comprehensive.

Using a watchOS 11 or newer Apple Watch models, detecting sleep apnea can be easier and more affordable than these traditional methods. Supported models include Apple Watch Series 9, Apple Watch Ultra 2 and Apple Watch Series 10.

Here is how it is done:

Setup for sleep apnea monitoring in the Health app

It's quick and easy to set up sleep apnea detection from your iPhone.

Open the Health app on your iPhone.

Go to Browse and search for "breathing disturbances".

The first time you'll see a button at the top that says "set up".

Answer a couple qualifying questions and click Continue.

Read the app's brief explainer, then click Next.

Make sure your watch is charged before bed and wear it to bed

As soon as your first night you'll see your results reflected in the Health app.

If it detects an elevated level of breathing disturbances, it will proactively send you an alert.

View your sleep apnea results in the Health app

If you want to view the data for yourself, you can open the Health app once more and navigate back to breathing disturbances.

It will show each night's results on a graph on a scale from "not elevated" to "elevated". You can view it for each night or over time.

Please note: if a positive detection is triggered, this is not a definitive diagnosis. The data should be exported and shared with your health care provider for further review and diagnosis.

Elevated levels of breathing disturbances will trigger an alert

An additional sleep study may be recommended, depending on the review. Or, after viewing your data, your doctor may be comfortable diagnosing you and providing treatment options.

Sleep apnea detection is currently available only in the US but Apple maintains it will become available in over 150 countries over time.

October Blast from the Past

https://en.wikipedia.org/wiki/Macintosh_Classic

RELEASED OCTOBER 15, 1990



Macintosh Classic

Also known as	"XO" ^[1]
Manufacturer	Apple Computer
Product family	Compact Macintosh
Type	All-in-one
Release date	October 15, 1990; 34 years ago ^[2]
Introductory price	US\$999 (equivalent to \$2,330 in 2023) with 40 MB hard disk and 2 MB RAM: US\$1,499(equivalent to \$3,500 in 2023)
Discontinued	September 14, 1992 ^[2]

Operating system	<ul style="list-style-type: none"> • 6.0.3 (Built in ROM) • 6.0.7–7.5.5^[2]
CPU	Motorola 68000 8 MHz ^[2]
Memory	1 MB, expandable to 4 MB (requires a RAM card); 120 ns, 30-pin DRAM chips required ^[1]
Display	9 in (23 cm) monochrome, 512 × 342
Dimensions	<ul style="list-style-type: none"> • Height: 13.2 in (34 cm) • Width: 9.7 in (25 cm) • Depth: 11.2 in (28 cm)
Mass	16 lb (7.3 kg)
Predecessor	<ul style="list-style-type: none"> • Macintosh Plus • Macintosh SE • Macintosh SE/30
Successor	Macintosh Classic II
Related	Macintosh IIsi Macintosh IIci Macintosh IIfx Macintosh LC Macintosh Portable

REMINDER

Help SIG: Call Herman to get your name/problem on the list prior to our meeting so our DAPi Help people will be prepared. **You will need to bring your computer, your own power cord, mouse and keyboard.** Herman will keep a sign-up list for those asking for help at the monthly meeting so members can be helped in a prioritized way. Drop-ins are welcome. Contact Herman at 720-897-9766 or hermanalb@mac.com

Need help with iPad, iPhone? If you would like assistance with navigating and synchronizing your iPad and iPhone, bring them to the monthly meeting. Notify Herman what help you need, and we will try to get the problems resolved.

Denver Apple Pi Membership Information

Denver Apple Pi (DAPi) is an Apple Computer Users Group, not affiliated with Apple Inc. *The Seed* is an independent publication not affiliated or otherwise associated with or sponsored or sanctioned by Apple Inc. The opinions, statements, positions and views stated herein are those of the author(s) or publisher and are not intended to be the opinions, statements, positions or views of Apple Inc. Articles, stories, and other items in *The Seed* may be copied or used by other clubs or groups as long as credit is given to Denver Apple Pi, noting the original information source and the author of the article. On reprints, please also include the date or volume number from *The Seed*.

Fill in the form below or ask for an application to complete and send to the Club mailing address: DENVER APPLE Pi, 6441 Eaton St, Arvada, CO 80003. For information, call Herman Pflueger at 720-897-9766 or email hermanalb@mac.com.

Our web site is: www.denverapplepi.com

Mac and Troubleshooter Group Help SIG meets the THIRD Tuesday of the month,
7:00 to 9:00 p.m.

Seed articles should be sent to: lindasienkiewicz@gmail.com, Subject: Seed article

Denver Apple Pi Officers

President	Larry Fagan
Vice President (Mac)/(Help)	Tammy Hanson
Acting Secretary	Shelby Shrigley
Treasurer/Membership Chair	Herman Pflueger
Appointees: Web Master	Tammy Hanson



Membership Form

New members please complete the following and email to:

hermanalb@mac.com

Or mail to: Denver Apple Pi
6441 Eaton St., Arvada, CO 80003

Or you may turn in your dues and this application to any Officer at any regular meeting.

Date _____

Renewal _____ New _____ Change _____

Name _____ Nickname _____

Address _____

City/State/Zip _____

Cell _____ Home _____ Email _____

Apple Computer devices/models owned: _____

Applications (Apps) most used _____

Program ideas for upcoming meetings: _____

Questions? Call Herman at 720-897-9766

